

CRYOTHERAPY INSTRUCTIONS

- 1. Wash the area with mild soap and warm water daily. Do NOT scrub.
- 2. If a blister or scab forms, please do not remove them as they are protective for the new skin.
- 3. If the skin breaks, apply a small amount of Vaseline and a Band-Aid.
- 4. Keep the area protected from the sun, this will aid in healing.
- 5. If you have any concerns, please call (704) 230-1302 or seek medical help.